



Monday 03/16/2020

School Day 117

**Welcome 8:10am - 8:30am**

Start your morning with a healthy breakfast and plenty of time for play

**Morning Meeting 8:30am - 8:45am**

Greeting: Good morning!

Share: Talk with your child about their favorite part of the weekend. Ask them, "what is one thing that you are excited about?"

Activity: Make a schedule for learning that works for your family.

**Guided Reading-Literacy Intervention 8:45am - 9:15am**

**Work on Reading**

Set a timer for 30 minutes.

Read one book together.

If no books are available at home, use [kids-z.com](http://kids-z.com) or [storyline online.net](http://storyline online.net)

Write about what book you read together using your green, "My Reading Journal."

If time allows, practice spelling concepts using [lexiacore5.com](http://lexiacore5.com)

Teacher's email: [twall@mvyps.org](mailto:twall@mvyps.org)  
username: 27name  
password: learn

**P.E. 9:20am - 9:50am**

**Ways to do Gym at Home**

Go for a walk outside

Ride a bike

Jump rope

Play a sport

Play tag

**Yoga 9:50am - 10:10am**

Stretch or take time to rest

**Snack then Recess 10:10am - 10:20am**

**Foundations 10:40am - 11:00am**

**Spelling**

Set the timer for 20 minutes.

Complete one spelling worksheet from your take home packet.

If time allows, try a hands on word building activity or go onto [lexiacore5.com](http://lexiacore5.com)



Hands on Activity: Use magnetic letters, Banana Grahams, or Scrabble tiles to build spelling words. If you don't have any letter tiles you can always make our own! Write the letters of the alphabet on a piece of paper. Then cut out each letter. Use your cut paper letter pieces to make different words. Make words that rhyme. Or, make the trick words: who, what, when, why, try, by, my, to, two, and put.

Writing Workshop 11:00am - 11:40am

**Journal- Draw and Write About Yourself and the Things You Love**

Set the timer for 30 minutes.

Write in your journal.

Write about one thing you did this weekend.

Having trouble thinking of a topic?

Take a walk outside. Bring your journal with you. When you find something that you are interested in, stop and write about it. For example, write all about birds, snakes, dogs, cats, or flowers. Write about bugs, trees, the ocean, or your family!

Lunch then Recess 11:40am - 12:25pm

Health 12:30pm - 1:00pm

**Ways to do Health at Home**

- Make a healthy snack
- Go for a walk
- Go for a bike ride wearing a helmet
- Play outside
- Take a nap
- Drink water
- Practice hand washing
- Practice brushing and flossing your teeth
- Take 5 calming breaths
- Watch this video about the science of germs:

<http://mysteryscience.com/mini-lessons/germs?code=e6a6a181e835354f8c7b2dffec020893#slide-id-8055>

Math 1:00pm - 2:00pm

Set the timer for 60 minutes.

Complete one workbook page or one math worksheet from your take home packet.

Teach your parent how to play "Top It!" using a deck of playing cards.

If time allows, try a hands on activity or log onto ixl.com

Username: 27firstnamelastinitial

Password: learn

Hands on activity idea: Go outside and collect 120 rocks or sticks. Sort collected items into groups of 10. Count by 10s all the way to 120! Ask your child to show you different numbers: 20, 25, 42, 50, 63, etc.

Reading Mini Lesson 2:00pm - 2:10pm



**Look at the Picture**

If your child gets stuck on a word, encourage them to look at the picture and think what what would make sense.

**Read to Self 2:10pm - 2:30pm**

**Quiet Time/Work on Reading**

Set the timer for 20 minutes.

This is a time for your child to practice reading, sounding out words themselves.

Ask your child to read to you or allow them to read quietly on their own.

If you do not have books at home, ask your child to read and illustrate poems from their "Poetry Book."

You may also log into kidsa-z.com

If your child is resistant to read, ask them to play "Stuffy School." Have your child line up their stuffed animals or favorite toys onto the couch or rug. Your child should then read aloud to their stuffies for 20 full minutes, pretending that they are the teacher and their stuffies are in school.

**Closing Circle 2:30pm - 2:40pm**

What was your favorite part of today?

**Dismissal 2:40pm - 2:45pm**